



A giant like no
other
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Once upon a time, there was a giant man who was bigger than everyone in his village. This man's name was Dungdit.

Dungdit was so big that small children in the village were afraid of him.



Dungdit liked hunting, fishing, and farming. He liked trekking for miles around his village.

He worked quickly and enthusiastically. He sang songs as he worked, and always finished his work before others finished theirs.



This giant was always hungry. He was rarely satisfied by the food he ate. His friends and family shared their food with him, but his stomach didn't easily get full.

Sometimes Dungdit was so hungry that he stole food from his friends and family!



In his village, people ate mostly millet with fish or meat. To satisfy his hunger, the giant began to try new types of food. He tried fruits and vegetables. He tried berries, leaves, roots, and stems from edible plants.

Dungdit added fruits and vegetables to his diet. He became stronger, happier, and healthier.



Because of his new diet, Dungdit grew even bigger and stronger.

People in the village told him, "You look good!" And they asked, "What have you been eating recently?"

"I have been eating leaves, tubers, fruits, and vegetables," he answered.



Soon, everyone in the village was eating a balanced diet with vegetables, fruits, millet, and fish.

Everyone became healthier, stronger, and happier.



The people of the village gave Dungdit a plot of land so that he could farm fruit and vegetables. They helped him with the daily activities.



The villagers said to Dungdit, "You have positively changed our lives, we want to change your life! We want you to be our leader, and to explore more things that can improve our lives."

The people sang and shouted, "Long live our great, generous, giant leader!"

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Translation - Both Khor Nyuon

Illustration - Salim Kasamba

Language - English

Level - Longer paragraphs

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Source www.africanstorybook.org